

Strategic Oil & Gas Ltd. Announces New President & CEO

CALGARY, Alberta, April 23, 2018 (GLOBE NEWSWIRE) -- Strategic Oil & Gas Ltd. ("Strategic" or the "Company") (TSXV:SOG) is pleased to announce that Tony Berthelet will be joining the Company as President and Chief Executive Officer and will join the Board of Directors effective May 21, 2018.

Mr. Berthelet most recently served as Vice-President, Development and Operations with an intermediate publicly-traded oil and gas company in Calgary. During his tenure Mr. Berthelet successfully led a technical team of 200 field and office staff responsible for light oil, heavy oil and waterflood development of various assets across Alberta. Mr. Berthelet has extensive experience with focused asset development, corporate strategy, implementing operational efficiencies and growing production and value from light oil plays.

Cody Smith, currently the Chief Operating Officer and Interim CEO of Strategic, will continue with the Company in his role as Chief Operating Officer, ensuring a seamless leadership transition.

ABOUT STRATEGIC

Strategic is a junior oil and gas company committed to becoming a premier northern oil and gas operator by exploiting its light oil assets primarily in northern Alberta. The Company maintains control over its resource base through high working interest ownership in wells, construction and operation of its own processing facilities and a significant undeveloped land and opportunity base. Strategic's primary operating area is at Marlowe, Alberta. Strategic's common shares trade on the TSX Venture Exchange under the symbol SOG.

ADDITIONAL INFORMATION

Additional information is also available at www.sogoil.com and at www.sedar.com.

For more information, please contact:

Cody Smith
COO and Interim CEO

Aaron Thompson
Chief Financial Officer

Strategic Oil & Gas Ltd.
1100, 645 7th Avenue SW
Calgary, AB T2P 4G8
Telephone: 403.767.9000
Fax: 403.767.9122

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.



4/23/2018 8:26:00 AM